

## Camper/Parent Health Screening

The following practices and policies have been adopted in an effort to be proactive as the world deals with new strains of viruses and influenza. These guidelines have been designed to minimize the potential for exposure to severe illness within the camp community. Our goal is to keep people healthy and their resistance high. **All guidelines were provided by the CDC** and will be followed by the camp to insure some measure of safety. The CDC recommends that people with Influenza or Covid-19 symptoms are “socially isolated” for ten days or 7 days after being symptom-free, whichever is longest.

Inspiration Hills has taken a proactive stance on all communicable diseases. Campers are asked to arrive in good health and capable of full program participation. Campers will be assigned to “pods” of no more than 8 people who they will interact with throughout their stay to minimize exposure to illness. Campers will be required to mask and socially distance, even within their pods, unless eating, showering, or sleeping.

In so far as we are able, our screening process helps us identify any potential illness so that we can take appropriate action. For the safety of others, please do not bring your child to camp sick. Our Health Check has been modified to include a temperature check and a Covid-19 questionnaire which must be signed by the parent or legal guardian.

These questions will be asked:

- **Have you or anyone in your household tested positive for Covid-19 in the last 2 weeks? If yes, what was the date of the positive test?**
- **Have you been exposed to anyone outside of your household in the last 2 weeks who tested positive for Covid-19? If yes, when?**
- **Have you lost your sense of taste or smell with the last 2 weeks? If yes, when?**
- **In the past week, have you had a fever over 100° F, a cough, sore throat, severe headache, digestive track issues, vomiting, diarrhea, body aches or runny nose?**

All questions are based on the understanding of the CDC that any one of these symptoms can be symptoms of influenza or Covid-19. If “yes” answer is given then further assessment will be done. This helps us eliminate illness such as strep, allergies or heat related elevated body temperatures in our screening.

A camper cannot attend camp if they have had any symptoms of Covid-19 or influenza in the 10 days prior to the start of their camp. If they have been exposed to a person with any of these symptoms more than 7 days prior to the start of their camp, they can attend camp but will be closely monitored for symptoms. Campers who present symptoms will be isolated from others until they can be picked up by a parent or guardian.

