

## Preparing For Camp

Complete and sign all forms and return them to Inspiration hills prior to your week of camp. **All forms must be completed and signed before your child can be admitted to camp.**

### What to Bring To Camp

Bible	Notebook
Pencil/pen	Flashlight and batteries
Disposable camera	Bedding (pillow, sheets, blankets, sleeping bag)
Rain gear	Bug spray
Toiletries	Shower shoes
Bathing suit (one piece)	Comfortable shoes (no flip flops) and jeans for hiking
Musical instruments	

### What to Leave at Home

Please leave the following items at home (**items will be confiscated** and may be picked up at the camp office on the final day of camp):

Food/candy	Cell phones
<b>Digital cameras</b>	Radios, iPods/CD/MP3 players
Electronic games	Hair dryers/curling irons

Please do **not** bring sandals or any open toed shoes with the intent to wear them outside.

### Campers found in Possession of the following items will be immediately dismissed from camp without a refund:

Firearms	Tobacco/Vaping Products
Knives	Fireworks

### Behavioral Expectations

Inspiration Hills is a Christian camp. All participants are expected to refrain from behavior that is disruptive to the activities and operation of the camp. Campers who engage in bullying, abusive or offensive language, or behavior that is disruptive to the camp program, may be disciplined (non physically) by camp personnel. Inspiration Hills reserves the right to remove any camper from the camp program who is excessively disruptive or whose behavior endangers other campers and staff.

### Dress Code

Please be sensitive to the beliefs of others when packing for summer camp. Normal appropriate attire is:

T-shirts (no “spaghetti” straps)	Shorts (no “short shorts”)
Jeans (no underwear showing)	Sweats for cold weather
Undergarments	

Tennis shoes (**for safety reasons, no open toed sandals are permitted outside of buildings**)

Swimwear must be modest (one piece or tankini which cover the abdomen completely) and will be worn for water activities only. Male swimwear must be boxer style.

### Lice Check Policy

As a precaution, all campers, volunteers, and staff members will be checked for head lice at the time of registration. If a camper is found to have lice, he or she will not be permitted to stay until the problem has been resolved and all bedding and clothing have been washed. **We highly recommend that each camper be checked several days prior to coming to camp.**

### Camp Visitor Policy

We are limiting campers to “pods” during their week at camp to minimize exposure to Covid-19. To further limit exposure we cannot have visitors at camp during summer camp sessions.

### **Camper Release Policy**

This completed form will be required at registration. In order to protect your child, only persons authorized by you will be permitted to pick up your child. If there are persons to whom you do not want your camper released to, please indicate that on the form. **PHOTO I.D. IS REQUIRED BEFORE ANY CHILD IS RELEASED.** Please remember to bring your I.D. to pick up your child.

### **Mail to Campers**

- Mail to campers is encouraged. You may send mail to your camper by:
- Leaving mail at the time of check-in. In this case, put your child's name on the envelope along with the day that you want the envelope to be delivered.
- Postal Service; please remember to mail letters early! Send mail to:  
(Camper's Name)  
C/O Inspiration Hills  
4819 W. Easton Rd.  
Burbank, OH 44214
- E-mail sent to [campermail@inspirationhillscamp.org](mailto:campermail@inspirationhillscamp.org). Make sure camper's name is in the subject line, no attachments will be opened.

### **Telephone**

Campers do not have access to a telephone. In case of an emergency, the camp will call you. If you have a concern, please call the camp. Campers should **not** bring cell phones; they will be collected at registration. The camp phone number is **419-846-3010**.

### **Camp Store**

The camp store sells a variety of things from T-shirts to key chains, from bandanas to insect spray. All campers' spending money will be collected at registration and placed in the camp safe. Campers will be able to spend the money that you have placed in their account when the store is open throughout the week. There are no Sunday sales, but the store will be open during the closing program on the final day of your child's camp. Most items in the store range in price from \$1 to \$20.

### **Camp Pictures**

Group pictures of your child's camp may be ordered at registration. The camp photo is \$8.

### **Closing Day**

On the closing evening of each camp, there will be a short camp show for families, put on by your campers. **The program and camper pick-up begin promptly at 4 PM. Please be prepared to pick your child up by 4:30 PM at the latest!**

### **Preparing Your Camper for Camp**

As a parent, please remember to emphasize that your child is "going to camp" rather than being "sent to camp." It is advisable to avoid statements such as "I am going to miss you terribly," as this can lead a child to feel conflicted about leaving home. Camp should be a wonderful experience so help your child to talk about the excitement and fears that they may have. You can heighten your child's interest and excitement by pointing out some of the activities that go on at camp. While painting an exciting picture of camp, do not forget to mention some of the not-so-glamorous realities of outdoor living. A child may encounter spiders, poison ivy, or bathrooms that are not in their lodge. Homesickness is a natural occurrence at camp when a child is missing their home and family. Preparing your child ahead of time by talking about camp and camp activities will help your child cope with homesickness in your absence.